



# Money Tracking Log

Smart Women's Coaching®

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Welcome to Smart Women's Coaching®!

The purpose of this Money Tracking Log is to put you in the right mindset of money so you can...

*Appreciate the money you are receiving and attract more!*

*Money is Energy and Loves Attention – What You Focus on Expands.*

The directions are easy. Print the next page and log every **penny** that you **EARN**, **SAVE**, or **FIND**!

Keep this on your desk and track this form daily to see how much wealth you accumulate!

### Earn:



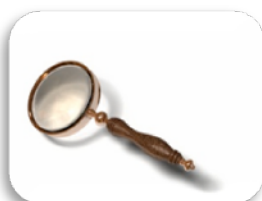
This is money that you earn through income or revenue. This comes in the form of your paychecks, orders from your Website, or even money or interest earned on savings accounts or credit card rewards.

### Save:



This is money that was saved through sales, coupons, or discounts. Example: You are purchasing an item that costs \$100 and you have a coupon for 20% off. When you get to the store the item is on sale for \$80. You Saved \$36! (\$20 from the sales price and another \$16 with the 20% off) Check your register receipts for your savings. You'll be surprised when you begin to take notice. The "Secret" to these dollars is to actually set them aside into savings.

### Find:



This is the fun one! This is where you log any money you find: coins on the street, loose change in the pocket, errors on your credit card statement, or money that you simply forgot about. An example was a letter that I received from the State of Michigan stating that



*Where Smart Women Go  
To Learn, Grow, And Connect*

.....  
my mother had funds that were unclaimed. As you begin to respect and appreciate money, more will begin to show up in your life.



Where Smart Women Go  
To Learn, Grow, And Connect

	Amount	Description	Circle one		
1 <sup>st</sup>	\$		Earned	Saved	Found
2 <sup>nd</sup>	\$		Earned	Saved	Found
3 <sup>rd</sup>	\$		Earned	Saved	Found
4 <sup>th</sup>	\$		Earned	Saved	Found
5 <sup>th</sup>	\$		Earned	Saved	Found
6 <sup>th</sup>	\$		Earned	Saved	Found
7 <sup>th</sup>	\$		Earned	Saved	Found
8 <sup>th</sup>	\$		Earned	Saved	Found
9 <sup>th</sup>	\$		Earned	Saved	Found
10 <sup>th</sup>	\$		Earned	Saved	Found
11 <sup>th</sup>	\$		Earned	Saved	Found
12 <sup>th</sup>	\$		Earned	Saved	Found
13 <sup>th</sup>	\$		Earned	Saved	Found
14 <sup>th</sup>	\$		Earned	Saved	Found
15 <sup>th</sup>	\$		Earned	Saved	Found
16 <sup>th</sup>	\$		Earned	Saved	Found
17 <sup>th</sup>	\$		Earned	Saved	Found
18 <sup>th</sup>	\$		Earned	Saved	Found
19 <sup>th</sup>	\$		Earned	Saved	Found
20 <sup>th</sup>	\$		Earned	Saved	Found
21 <sup>st</sup>	\$		Earned	Saved	Found
22 <sup>nd</sup>	\$		Earned	Saved	Found
23 <sup>rd</sup>	\$		Earned	Saved	Found
24 <sup>th</sup>	\$		Earned	Saved	Found
25 <sup>th</sup>	\$		Earned	Saved	Found
26 <sup>th</sup>	\$		Earned	Saved	Found
27 <sup>th</sup>	\$		Earned	Saved	Found
28 <sup>th</sup>	\$		Earned	Saved	Found
29 <sup>th</sup>	\$		Earned	Saved	Found
30 <sup>th</sup>	\$		Earned	Saved	Found
31 <sup>st</sup>	\$		Earned	Saved	Found